Week 3

WRITE AND DRAW A LIST EACH DAY!

Monday - Zoo

Reading

Read a non-fiction book about animals. Look at the illustrations and describe how the animal

Letters & Sounds Find 5-10 plastic or stuffed animals. Say the animal and beginning sound.

Math

Find 10 animal figures. Sort them by size. Then sort them by where they live: water, land, air.

Fine Motor

looks and where it lives.

Make zoo animals with play dough. Use beads for eyes and popsicle sticks or pipe cleaners for arms and legs.

Art or Sensory Use a paper bag,

Place the matching letter

card next to the animal.

construction paper, and markers to make a zoo animal puppet.

Gross Motor

Animal walks! Can you move like a seal, zebra, snake, crab, alligator, monkey, fish, kangaroo, flamingo, and a bear?

TUESday - Sweets

Reading

Read a book about a sweet treat (ex: cookie, donuts). Predict what the book is going to be about.

Letters & Sounds Pretend the letter cards

are cookies. Scatter the letter cookies. Pick up each cookie with a spatula and identify the letter.

Math

Make a number graph with cereal, candy, or sweet treat.

Fine Motor

Use oats, chocolate chips, dry beans, play dough, or cereal to make letters on the letter cards.

Art or Sensory Make birthday cake cloud

dough (see recipe). Add a cupcake pan, candles, and measuring spoons.

Science

Make a cake or cookie. Measure, mix, and bake it. Explore the treat with

your 5 senses. How does it look, smell, feel, sound, and taste?

Wednesday - My community

Reading

Read a book about a community helper. What tools does that community helper do?

Letters & Sounds

. Pretend the letter cards are houses. Match the uppercase and lowercase

letter cards to make a

tall house.

Math

Go on a number and shape hunt. Walk or drive around your community. Notice the numbers and shapes that you see.

Fine Motor

Build a community with small blocks.

Art or Sensory

Paint rocks. Once the rocks are dry place them around the community for others to find.

Gross Motor

Make a hopscotch with chalk on the sidewalk. Hop, jump, count, and have fun. Then leave it for others to enjoy.

- ALBERT EINSTEIN PLAY IS THE HIGHEST FORM OF RESEARCH.

WEEK 3

WRITE AND DRAW A LIST EACH DAY!

Thursday - construction

Reading Read a book about construction. Who is the author and what does an author do?

Letters & Sounds . Make name word cards for each family member and use them with the Read, Build, Write boards.

Math Make number towers on number cards. Count out the matching number of blocks and make a block tower on the card.

Fine Motor Make a sand or dirt tray by placing dirt or sand in a shallow pan. Use your fingers to write letters

and shapes in the tray.

Art or Sensory Make a construction sensory bin with real dirt, sand, or black beans. Add diggers and shovels.

Gross Motor Make giant shapes on the floor with tape or outside with chalk. Draw trucks on each shape.

Reading

Read a fairy tale. How do the characters feel? How would you feel if you were the character? What should the character do next?

Letters & Sounds . Use a pipe cleaner or a straw for a magic wand.

Friday - Fairy Tales

Go around the house. point to an object with your wand, and say the beginning sound. Art or Sensory

Math Make a tall number tower for the prince and princess. Make a vertical number line with the number cards.

Fine Motor Use dry beans, play dough, or trace numbers on the number cards.

Cut a long piece of paper to create a crown. Use markers, stickers, glitter, ribbon, or other craft supplies to decorate it.

STEM Build a castle with cups or blocks. Do you want to add a draw bridge, points,

or a moat to your

castle?

APPS to try

ABCYA Math, STEM, and literacy games.



Go Noodle Dance-alongs, yoga, and more. Also on YouTube



Starfall Learn about letters and sounds.



Websites and apps to get kids moving

Learning Station Fun songs that teach.

Super Simple Songs Classic children's songs.

YouTube Yoga and mindfulness for kids.

Cosmic Yoga

WEEK 4

WRITE AND DRAW A LIST EACH DAY!

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Reading Read a book with pets as the characters. Who are the characters in the book?

Letters & Sounds . Make pet word cards and use them with the Read, Build, Write boards.

Math Put a puzzle together with your pet stuffed animals.

Fine Motor Dog treat bakery! Make

dog treats with play dough. Use cookie cutters, beads/pom poms, and cupcake liners.

Art or Sensory Make a paper plate snake. Draw a spiral and cut on

the line. Decorate the snake with paint, marker, or collage materials.

STEM

Build a dog house with blocks or cups. The house will need walls, a floor, and a roof

TUCSday - MY Body

Reading Read a book about your

body or being healthy. Find all the parts of a book (cover, pages, spine). Letters & Sounds

.Body rhyme time. Point to a body part and say a word that rhymes (ex: nose, rose).

Math

Make patterns with bones (aka Q-Tips and cotton balls).

Fine Motor Make letters using

"bones" (aka Q-Tips.). Make your name or words with "bones".

Art or Sensory Draw a self-portrait with a black marker. Don't

forget to draw every part of your body like your fingers and toes. Decorate the edge to

Gross Motor

Sing and do the motions to "Head, Shoulders, Knees and Toes". Sing it fast and slow.

Wednesday - Colors

make a frame.

Reading

Read a book about colors. Talk about if it is a fiction or non-fiction book.

Letters & Sounds Find 10 things that are your favorite color. Clap

the number of syllables in

each word.

Math

Dump out your crayons, markers, and colored pencils. Sort them by color.

Fine Motor

Trace the lines with markers. Trace with each color of the rainbow.

Art or Sensory

Make bubble foam (see recipe). Make a bowl of yellow, red, and blue foam.

Mix together the foam and see what new colors

Sink or float? Fina a toy for each color. Predict and test if each will sink or float.

Science

PLAY IS THE HIGHEST FORM OF RESEARCH. — ALBERT EINSTEIN

you make.

WEEK 4

WRITE AND DRAW A LIST EACH DAY!

Thursday - sports

Readina

Read a book where the character plays a sport (ex: dance, baseball). What

is the setting?

Letters & Sounds

Sports letter toss. Write letters on paper and crumple them up. Throw it, pick it up, say the

letter, crumple it up, and toss it again.

Math

Collect all the balls in your house. Count them. Line them up by size.

Fine Motor

Paper plate sports ball. Tear paper and glue it to a paper plate. Make it into a baseball, soccer ball or make your own design.

Art or Sensory

Paint with balls (ex: marbles). Place a small paper in a shallow baking dish. Dip small balls into paint. Roll the balls around

the paper.

Gross Motor

Sock basketball. Fold socks into a ball and use a laundry basket for the basket. Try and toss them into the basket.

Friday - Travel

Reading Read a book where a

character travels somewhere. What are the events in the book?

Letters & Sounds Make roads on the floor

with tape. Place the letter cards on the tape. Walk around "community" and identify the letters.

Math

Make a map on paper. Draw streets, stores, and houses.

Fine Motor

Make license plates. Fold a paper into sixths and have the child cut on the lines. Write numbers on each to

create license plates.

Art or Sensory Make a water travel sensory bin with boats. **STEM**

Build a giant mountain using cups or blocks.

APPS to try

ABCYA Math, STEM, and literacy games.



Go Noodle Dance-alongs, yoga, and more. Also on YouTube.



Starfall Learn about letters and



sounds.

Websites and apps to get kids moving

Learning Station Fun songs that teach.

Super Simple Songs Classic children's songs.

YouTube Yoga and mindfulness for kids.

Cosmic Yoga

Science sensory Play

BIRTHDAY (LOUD DOUGH)

What you Need:

flour, oil (vegetable oil or baby oil), sprinkles, bin

Kid Tools for Play: cupcake pan, candles, number candles,

How to Make It:

Mix together four parts flour and one part oil (ex: 4 cups of flour and I cup of oil) in a large baggie. Zip closed and shake to mix. Dump the flaky mixture in a plastic tub and add sprinkles!

Play!

Clean Up Hint:

Cloud dough can be messy. Make sure you place a large towel under the bin to catch all the dough that gets out of the tub.

BABBLE LOAM

What you Need:

bubble bath (tear free), water, mixer, food coloring, bin

Kid Tools for Play: bowls, spoons, foam letters (optional)

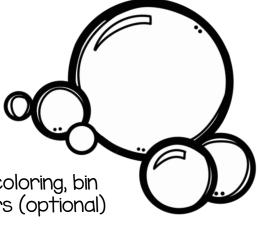
How to Make it:

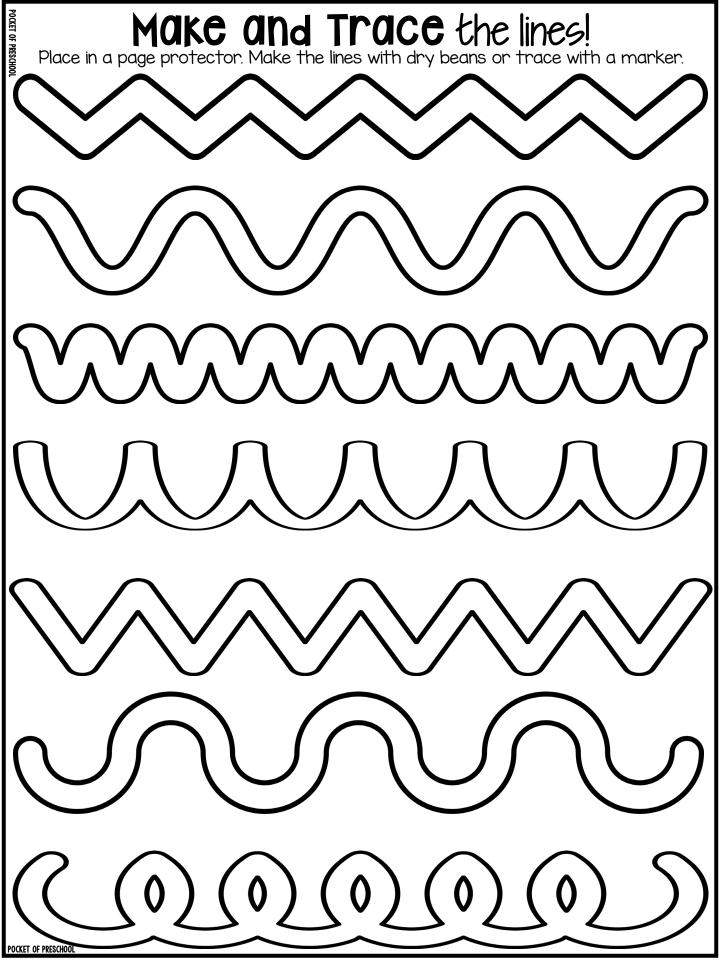
Mix together one part bubble bath and two parts water (ex: $\frac{1}{4}$ cup bubble bath and $\frac{1}{2}$ water). Add food coloring to the water to make it different colors.

Play!

Clean Up Hint:

Put the bubble foam in a big plastic tub for play. Add tools to like spoons and bowls. Place a large towel under the foam to catch all the bubbles that go on the floor.





| POCKET OF PRESCHOOL | В | C | D | E |
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Read, Build, Write

Read

Place the word card here.

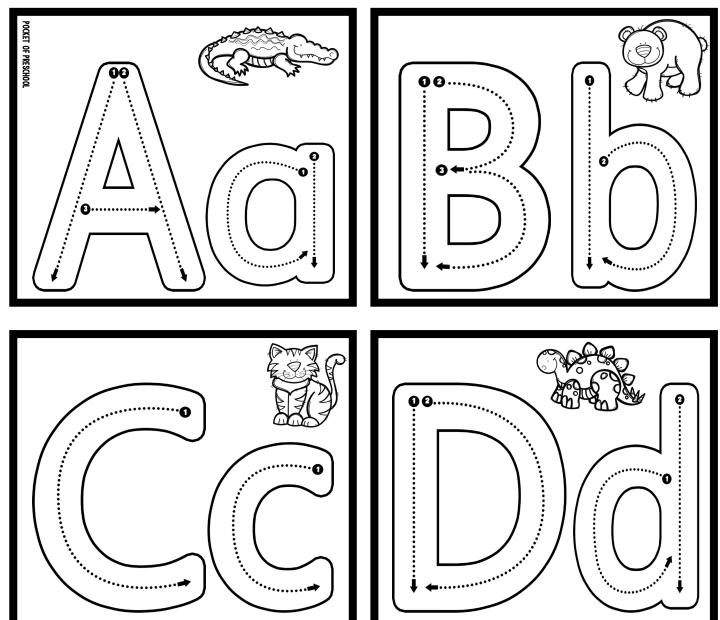


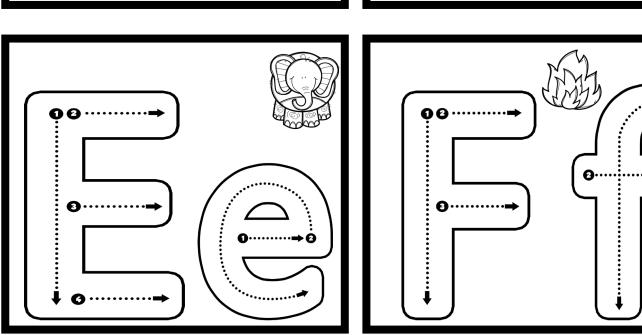
Build the word with magnet letters or letter cards.

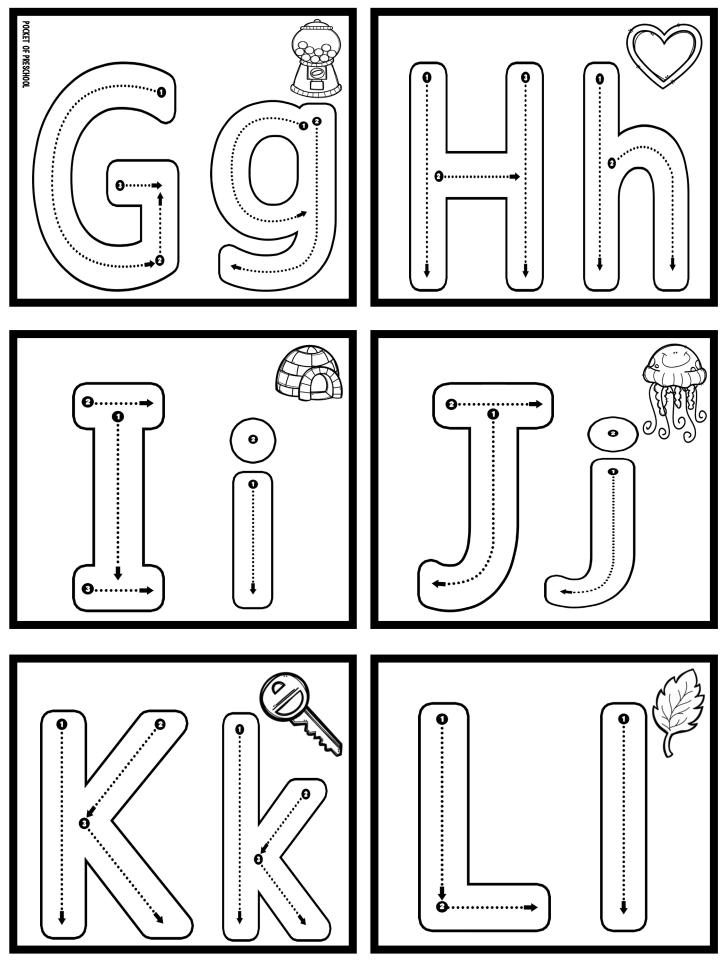


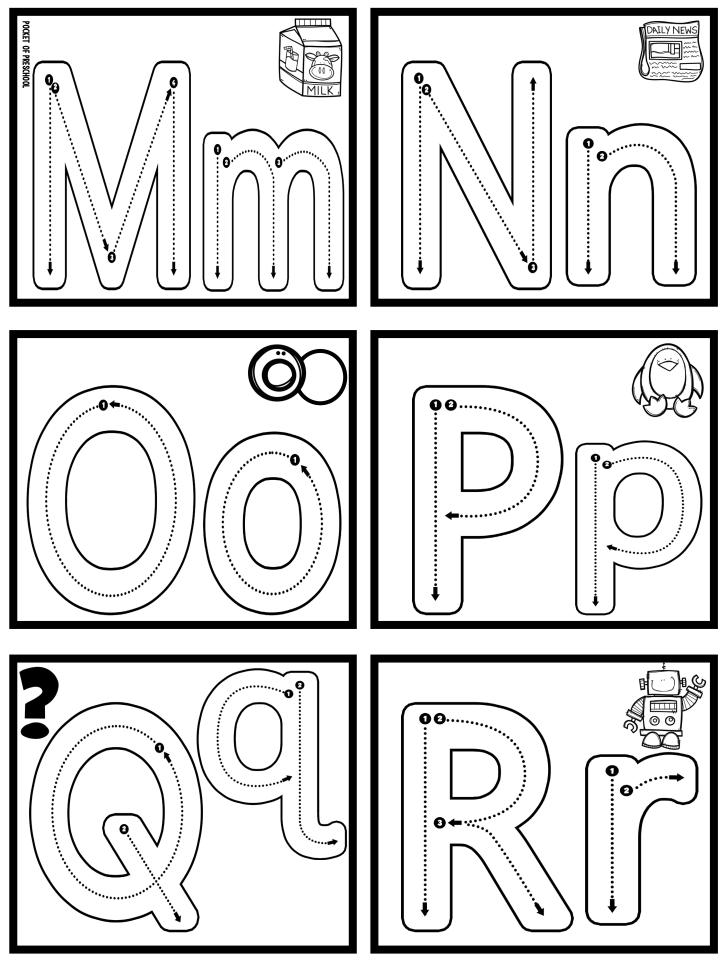
Write the word with a dry erase marker.

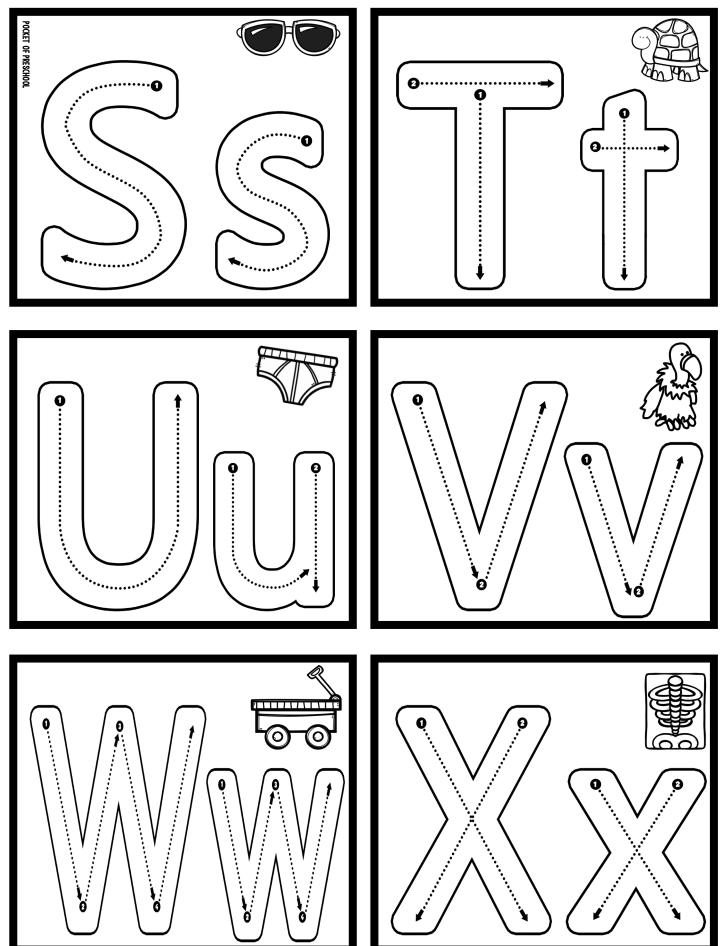
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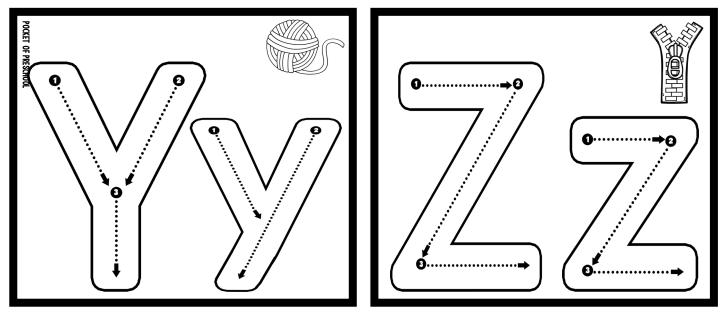






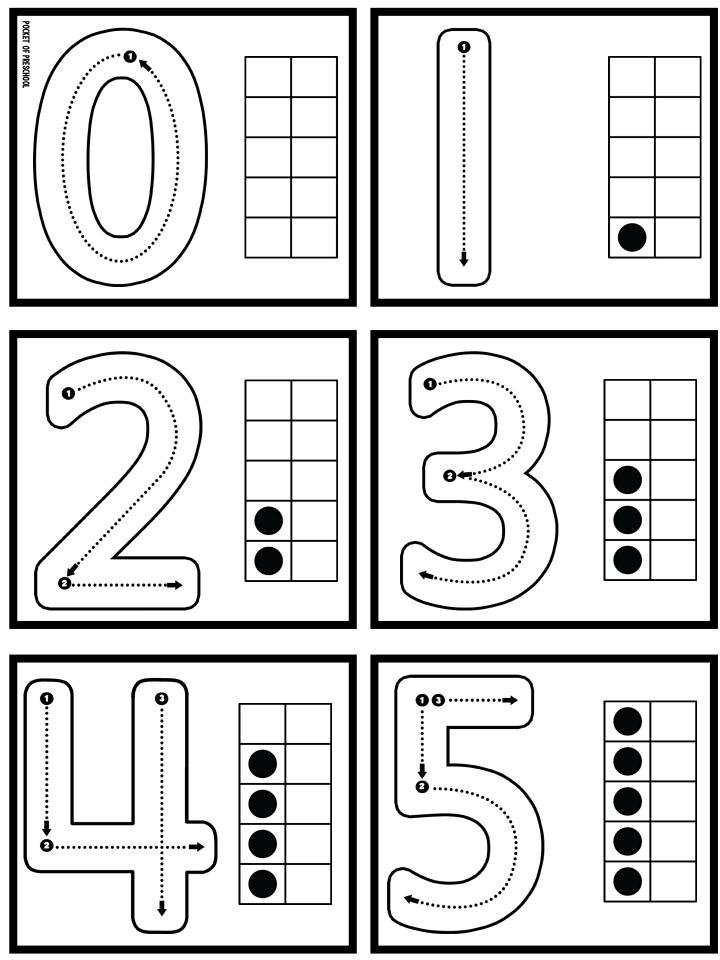


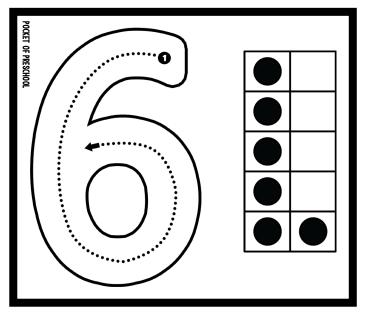


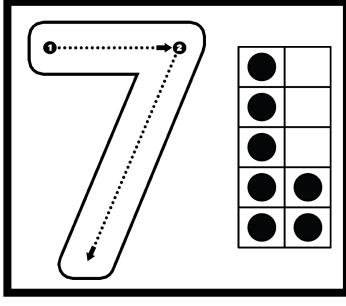


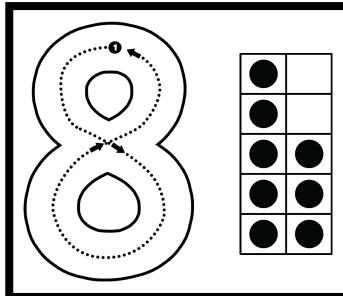
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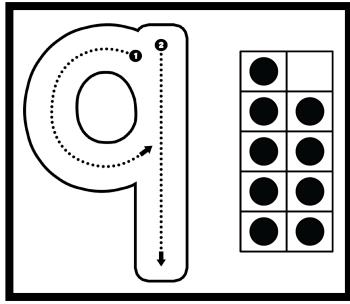
- I. Place the letter mats in page protectors or laminate and cut out each letter card. Build the letters with small manipulatives (pom poms, seeds, dry beans, cereal) or trace with a dry erase marker.
- 2. Dot with a dot marker, trace with small stickers, or trace with markers.

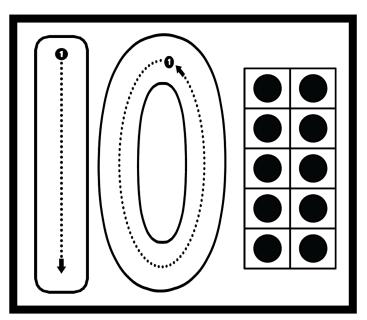






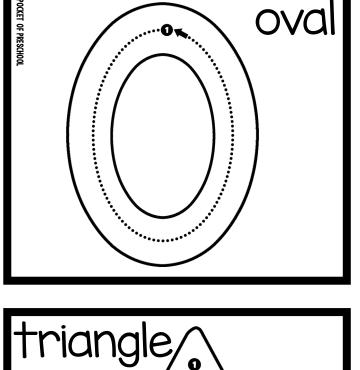


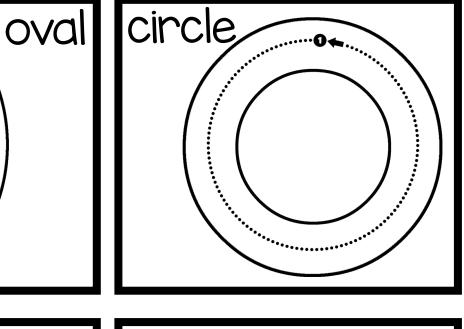


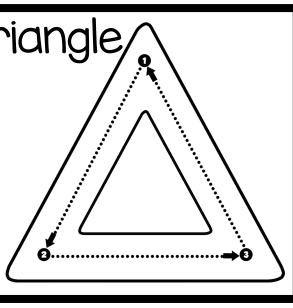


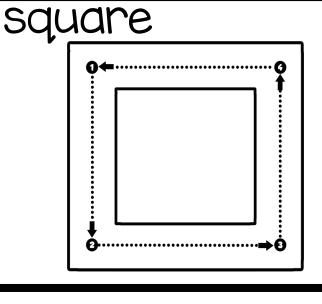
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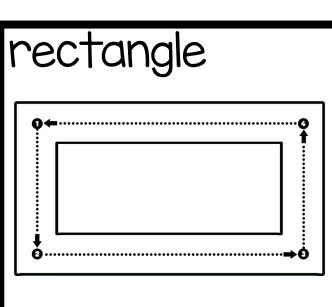
- Place the number mats in page protectors or laminate and cut out each card. Build the numbers with small manipulatives (pom poms, beads, seeds, dry beans, cereal) or trace with a dry erase marker.
- 2. Dot with a dot marker, trace with small stickers, or trace with markers.

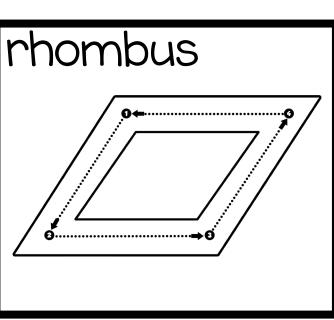


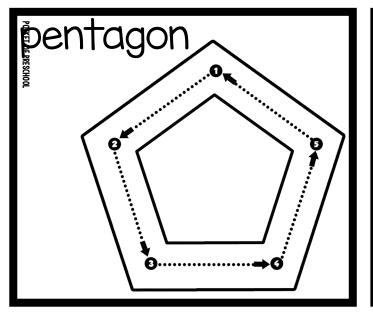


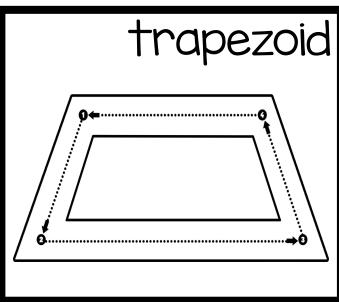


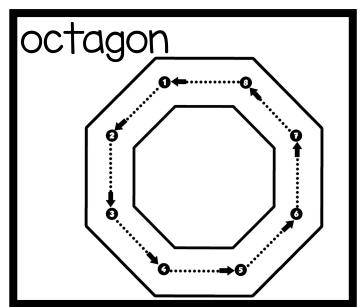


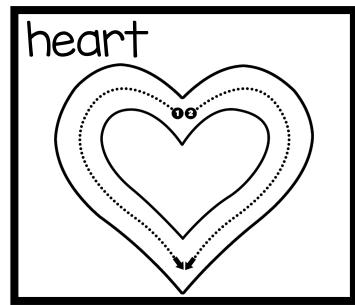






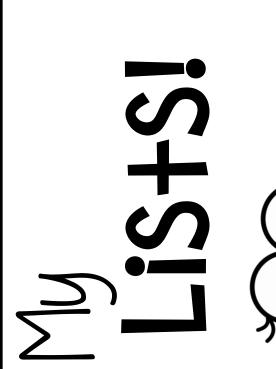


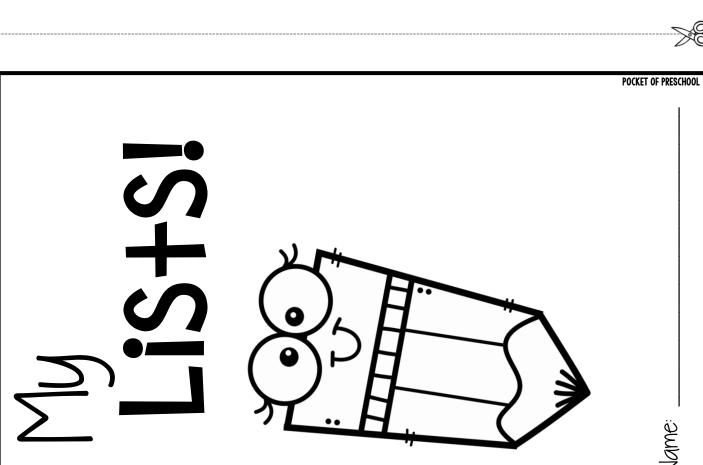




Options:

- l. Place the shape mats in page protectors or laminate and cut out each card. Build the shapes with small manipulatives (pom poms, beads, seeds, dry beans, cereal) or trace with a dry erase marker.
- 2. Dot with a dot marker, trace with small stickers, or trace with markers.





Draw and write a list of the people in your family.

My Friends. Draw and write a list of your friends.

Draw and write a list of your favorite foods. -avorite Fo

Favorite Colors

Draw and write a list of your favorite colors.

-avorite Toys

Draw and write a list of your favorite toys.

POCKET OF PRESCHOOL

-avorite Sports

Draw and write a list of your favorite sports.

Favorite Books

Draw and write a list of your favorite books.



POCKET OF PRESCHOOL

-avorite Places

Draw and write a list of your favorite places.

-avorite Animals

Draw and write a list of your favorite animals.

